

## **Digest Plus by Genestra Brands**

### **Digestive enzyme formula with betaine hydrochloride**

- Digestive aid to help decrease bloating after high caloric, high fat meals
- Pepsin A and papain proteolytic enzymes support protein digestion

Digest Plus is a complete digestive formula containing natural enzymes and betaine hydrochloride to help decrease bloating after high caloric, high fat meals. Betaine hydrochloride (betaine HCl) is commonly used to supplement gastric acid levels, especially in individuals with hypochloridia. In a recent clinical study, a single 1500 mg dose of betaine HCl was effective in reducing stomach pH in healthy participants that had hypochloridia pharmacologically induced by the proton pump inhibitor rabeprazole. Within 30 minutes of ingestion of the betaine HCl, participant mean stomach pH was significantly reduced from approximately 5.2 to approximately 0.6.<sup>1</sup>